



NUTRITION & ALLERGEN INFORMATION

The nutritional values provided herein are based on standard company recipes. The nutritional analysis which produced the nutritional values of these recipes were derived from supplier nutrition information, the USDA database and/or an independent lab. Menu items are hand-prepared and nutritional values may vary from the stated amount. Menu items marked as containing allergens indicate the presence of those allergens in recipe ingredients. Items not marked with specific allergens are not guaranteed to not contain those allergens, as products and manufacturers may change without notice, and cross contact may occur. This information is updated periodically to reflect our current product offerings.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	SERVING WEIGHT	CALORIES	FAT (g)	SATURATED FAT (g)	TRANS-FATTY ACID (g)	CHOLESTEROL (mg)	SODIUM (mg)	CARBS (g)	DIETARY FIBER (g)	TOTAL SUGARS (g)	PROTEIN (g)	ALLERGEN STATEMENT (ENGLISH)
BURGERS												
Barnyard Burger - Double	701g	1440	93	28	0	485	4000	54	3	9	90	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Barnyard Burger - Original	550g	1120	71	18	0	355	3350	53	3	9	63	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Barnyard Burger - Pint	445g	890	62	15	0	305	3000	30	3	7	48	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Bender Burger - Double	532g	1430	92	26	0	295	2980	71	2	14	76	Contains Egg, Gluten, Milk, Sesame, Wheat.
Bender Burger - Original	379g	1100	68	16	0	160	2520	71	2	14	47	Contains Egg, Gluten, Milk, Sesame, Wheat.
Bender Burger - Pint	274g	870	59	13	0	110	2180	48	2	12	32	Contains Egg, Gluten, Milk, Sesame, Wheat.
Blazer Burger - Double	576g	1530	97	34	0	335	3310	70	2	18	86	Contains Egg, Gluten, Milk, Sesame, Wheat.
Blazer Burger - Original	403g	1120	68	20	0	180	2740	70	2	18	52	Contains Egg, Gluten, Milk, Sesame, Wheat.
Blazer Burger - Pint	297g	890	59	17	0	130	2400	47	2	16	37	Contains Egg, Gluten, Milk, Sesame, Wheat.
Classic Burger - Double	598g	1280	84	25	0	290	3070	52	3	9	73	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Classic Burger - Original	448g	960	62	16	0	160	2420	51	3	9	46	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Classic Burger - Pint	342g	730	53	13	0	110	2080	28	3	7	31	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Funguy Burger - Double	564g	1430	96	32	0	320	3670	52	2	7	78	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Funguy Burger - Original	389g	1040	69	19	0	175	2720	50	2	7	48	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Funguy Burger - Pint	284g	810	60	17	0	125	2380	27	2	5	33	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Jose Mendoza Burger - Double	528g	1300	86	26	0	300	2660	50	2	8	76	Contains Egg, Gluten, Milk, Sesame, Wheat.
Jose Mendoza Burger - Original	375g	970	63	16	0	165	2210	50	2	8	47	Contains Egg, Gluten, Milk, Sesame, Wheat.
Jose Mendoza Burger - Pint	269g	740	54	13	0	115	1870	27	2	6	32	Contains Egg, Gluten, Milk, Sesame, Wheat.
Meathead Burger - Double	619g	1510	100	36	0	430	2880	48	1	8	105	Contains Egg, Gluten, Milk, Sesame, Wheat.
Meathead Burger - Original	467g	1180	76	26	0	295	2420	48	1	8	76	Contains Egg, Gluten, Milk, Sesame, Wheat.
Meathead Burger - Pint	302g	840	59	20	0	195	1950	25	1	6	50	Contains Egg, Gluten, Milk, Sesame, Wheat.
Motley Qüe Burger - Double	513g	1360	85	26	0	295	2570	67	1	16	76	Contains Egg, Gluten, Milk, Sesame, Wheat.
Motley Qüe Burger - Original	361g	1030	62	16	0	160	2130	67	1	16	47	Contains Egg, Gluten, Milk, Sesame, Wheat.
Motley Qüe Burger - Pint	255g	800	53	13	0	110	1780	44	1	14	32	Contains Egg, Gluten, Milk, Sesame, Wheat.
No Cheese Burger - Double	524g	1130	74	21	0	270	2080	51	3	10	66	Contains Egg, Gluten, Sesame, Wheat.
No Cheese Burger - Original	392g	870	57	15	0	155	1760	51	3	10	42	Contains Egg, Gluten, Sesame, Wheat.
No Cheese Burger - Pint	286g	650	48	12	0	105	1410	28	3	8	27	Contains Egg, Gluten, Sesame, Wheat.
Old School Burger - Double	513g	1470	113	33	0	330	2540	46	3	5	76	Contains Egg, Gluten, Milk, Sesame, Wheat.
Old School Burger - Original	361g	1140	89	23	0	195	2080	46	3	5	47	Contains Egg, Gluten, Milk, Sesame, Wheat.
Old School Burger - Pint	255g	910	80	20	0	145	1740	23	3	3	32	Contains Egg, Gluten, Milk, Sesame, Wheat.
Peanut Butter Pickle Burger - Double	556g	1880	142	32	0	275	2670	67	8	21	95	Contains Egg, Gluten, Milk, Peanut, Sesame, Soy, Wheat.
Peanut Butter Pickle Burger - Original	367g	1290	97	20	0	160	2090	56	4	13	56	Contains Egg, Gluten, Milk, Peanut, Sesame, Soy, Wheat.
Peanut Butter Pickle Burger - Pint	262g	1060	88	18	0	110	1740	33	4	11	41	Contains Egg, Gluten, Milk, Peanut, Sesame, Soy, Wheat.
Red Molly Burger - Double	641g	1580	114	35	0	365	2770	48	2	8	92	Contains Egg, Gluten, Milk, Sesame, Wheat.
Red Molly Burger - Original	488g	1260	91	25	0	235	2270	48	2	8	63	Contains Egg, Gluten, Milk, Sesame, Wheat.
Red Molly Burger - Pint	383g	1030	82	22	0	185	1930	25	2	6	48	Contains Egg, Gluten, Milk, Sesame, Wheat.
Stryker Burger - Double	538g	1320	92	30	0	310	2960	52	1	11	73	Contains Egg, Gluten, Milk, Sesame, Wheat.
Stryker Burger - Original	385g	990	68	20	0	175	2500	52	1	11	45	Contains Egg, Gluten, Milk, Sesame, Wheat.
Stryker Burger - Pint	279g	760	59	17	0	125	2150	29	1	9	30	Contains Egg, Gluten, Milk, Sesame, Wheat.
Teemah Burger - Double	547g	1460	98	35	0	335	3700	50	1	6	83	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Teemah Burger - Original	366g	1040	69	20	0	185	2730	48	1	6	51	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
Teemah Burger - Pint	261g	810	60	17	0	135	2390	25	1	4	36	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
The Purist - Double	476g	1260	83	28	0	300	2760	53	1	12	71	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
The Purist - Original	326g	940	61	18	0	170	2110	52	1	12	44	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.
The Purist - Pint	220g	710	52	16	0	120	1770	29	1	10	29	Contains Egg, Gluten, Milk, Sesame, Soy, Wheat.

	SERVING WEIGHT	CALORIES	FAT (G)	SATURATED FAT (G)	TRANS-FATTY ACID (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBS (G)	DIETARY FIBER (G)	TOTAL SUGARS (G)	PROTEIN (G)	ALLERGEN STATEMENT (ENGLISH)
CHICKEN												
BLT Chicken Sandwich	358g	940	55	10	0	110	2320	70	2	6	41	Contains Egg, Gluten, Sesame, Wheat.
Spicy BLT Chicken Sandwich	384g	1020	63	12	0	115	2480	75	2	11	41	Contains Egg, Gluten, Sesame, Wheat.
Crispy Chicken Sandwich	258g	670	29	3.5	0	75	1680	70	1	6	30	Contains Egg, Gluten, Sesame, Wheat.
Spicy Crispy Chicken Sandwich	286g	700	29	3.5	0	75	1950	78	1	14	30	Contains Egg, Gluten, Sesame, Wheat.
SIDES												
French Fries - 14 oz	422g	720	36	1.5	0	0	2940	93	5	0	5	
French Fries - 7 oz	211g	360	18	1	0	0	1470	47	2	0	2	
CUSTOMIZE IT												
Add Egg	55g	110	9	2.5	0	185	70	0	0	0	6	Contains Egg.
Add Ham	57g	70	1.5	0.5	0	10	830	1	0	0	11	
Bomb It	14g	15	0	0	0	0	135	4	0	4	0	
Gluten-Free Bun	80g	210	5	0.5	0	0	350	43	5	6	1	
Lettuce Wrap	10g	0	0	0	0	0	0	0	0	0	0	
Veggie Patty	91g	160	8	1	0	0	440	21	3	2	4	Contains Gluten, Soy, Wheat.
Chicken Breast	148g	340	14	1.5	0	65	1090	26	0	1	23	Contains Gluten, Wheat.
Beef Patty	132g	250	17	6	0	115	320	0	0	0	24	
TOPPINGS												
American Cheese	19g	70	5	3.5	0	15	330	1	0	0	3	Contains Milk, Soy.
Bacon	28g	160	13	4.5	0	20	620	0	0	0	10	
Bender Sauce	43g	50	0	0	0	0	620	12	0	10	0	
Bleu Cheese Crumbles	7g	25	2	1.5	0	5	65	0	0	0	2	Contains Milk.
Bleu Cheese Fondue	43g	140	10	7	0	30	580	2	0	0	7	Contains Milk, Soy.
Cheddar Cheese	21g	80	7	4	0	20	135	0	0	0	5	Contains Milk.
Crispy Jalapenos	37g	210	16	0	0	0	80	16	0	0	0	Contains Gluten, Wheat.
Crispy Onions	25g	140	11	0	0	0	55	11	0	0	0	Contains Gluten, Wheat.
Grilled Jalapenos	57g	35	3.5	0.5	0	0	590	2	0	2	0	
Grilled Mushrooms	30g	30	2.5	0.5	0	0	0	1	0	0	1	
Grilled Onions	6g	10	0.5	0	0	0	0	0	0	0	0	
Havarti Cheese	21g	80	7	4	0	20	140	1	0	0	4	Contains Milk.
House Sauce	57g	230	24	1	0	10	720	2	0	1	1	Contains Egg.
Ketchup	14g	15	0	0	0	0	150	4	0	3	0	
Mayonnaise	28g	200	24	4	0	20	100	0	0	0	0	Contains Egg.
Monterey Jack Cheese	21g	80	6	4	0	20	125	0	0	0	5	Contains Milk.
Mustard	14g	15	0	0	0	0	210	2	1	0	1	
Onions	5g	0	0	0	0	0	0	0	0	0	0	
Peanut Butter Sauce	57g	340	28	5	0	0	260	11	3	8	15	Contains Milk, Peanut, Soy.
Pickles	9g	5	0	0	0	0	35	2	0	1	0	
Provolone Cheese	21g	70	6	3.5	0	15	180	0	0	0	5	Contains Milk.
Red Molly Peppers	65g	20	0	0	0	0	250	3	1	3	0	
Roasted Green Chilis	38g	15	0	0	0	0	0	4	1	2	0	
Shredded Lettuce	72g	10	0	0	0	0	5	2	1	1	1	
Spicy Ketchup	34g	40	0	0	0	0	400	8	0	5	0	
Swiss Fondue Cheese	43g	140	10	7	0	30	630	2	0	0	6	Contains Milk, Soy.
Tomatoes	40g	5	0	0	0	0	0	2	0	1	0	
PREMIUM DIPPING SAUCES												
Bender Sauce	43g	50	0	0	0	0	620	12	0	10	0	
House Sauce	43g	170	18	1	0	10	540	2	0	0	1	Contains Egg.
Peanut Butter Sauce	43g	250	21	3.5	0	0	200	8	2	6	11	Contains Milk, Peanut, Soy.
Ranch Dipping Sauce	43g	270	29	4.5	0	25	260	2	0	2	0	Contains Egg, Milk.
Bomb It Sauce	43g	50	0	0	0	0	400	13	0	11	0	
Spicy G Sauce	57g	300	34	6	0	30	370	5	0	4	0	Contains Egg.
YOUNG AT HEART												
Big Kids Burger	292g	730	37	14	0	150	1950	51	1	11	44	Contains Gluten, Milk, Sesame, Soy, Wheat.
Kids Burger	172g	420	22	9	0	90	1300	28	1	9	24	Contains Gluten, Milk, Sesame, Soy, Wheat.
Kids Grilled Cheese	128g	400	17	8	0	30	1050	44	1	4	13	Contains Gluten, Milk, Sesame, Soy, Wheat.
Kids Chicken Sandwich	152g	360	12	1	0	50	1130	39	1	3	21	Contains Gluten, Sesame, Wheat.